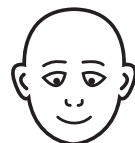
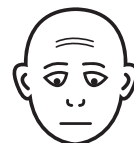


Me at Mealtimes

Answer the questions below and ✓ the picture that shows how you feel when eating and drinking at mealtimes...



Happy /
Feeling Fine



Don't
Know

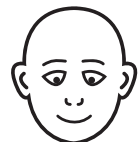


Worried /
Having Problems

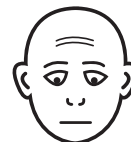
- 1 How is it going?
- 2 How does it feel to eat, drink and swallow?
- 3 Do you put too much food into your mouth?
- 4 How does your mouth, throat and chest feel?
- 5 What help do you need from staff?
- 6 What is the meal like?
- 7 What is the dining room like?

Me at Mealtimes

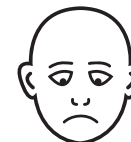
Answer the questions below and ✓ the picture that shows how you feel when eating and drinking at mealtimes...



Happy /
Feeling Fine



Don't
Know



Worried /
Having Problems

8 How do you feel about others at mealtimes?

9 Does your health affect you at mealtimes?

10 Do you get a sore mouth sometimes?

11 Do you sometimes say no to food and drink?

12 Do you ever eat on your own?

13 Have you ever choked on anything?

14 Do you ever self-harm?